



# **SOUTH CERNEY Sailing Club**



## **SAILING INSTRUCTIONS 2025**

### **1 RULES**

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.

### **2 CHANGES TO SAILING INSTRUCTIONS**

- 2.1 Any change to the sailing instructions, except changes to the schedule, will be posted at least 30 minutes before the warning signal. In addition, two sound signals will be made and flag 'L' will be displayed from the race hut.
- 2.2 Changes to the schedule of races will be posted at least 7 days before it will take effect.

### **3 COMMUNICATIONS WITH COMPETITORS**

- 3.1 Notices to competitors will be posted on the official notice board located in the clubhouse

### **4 CODE OF CONDUCT**

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

### **5 SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be displayed at the race hut.
- 5.2 If using a committee boat start line, when flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in Race Signals AP.

### **6 SCHEDULE OF RACES**

- 6.1 The schedule of races and scheduled time of warning signals are defined in the Notice of Race (NoR)

### **7 CLASS FLAGS**

- 7.1 The class flags are defined in the Notice of Race.

## 8 RACING AREA

8.1 The racing area is shown in Addendum A.

## 9 COURSES

- 9.1 The course will be displayed on the committee boat or the race hut using numbered plates. Green plates indicate marks to be left to starboard; red plates indicate marks to be left to port. The number of laps will also be displayed.
- 9.2 The 'G' character on a blue plate may be displayed alongside the course. This means that all boats must pass through the finish line at the end of each lap.
- 9.3 Should the course require to be changed after being displayed, but before the warning signal, a plain red flag will be flown from the committee boat or the race hut accompanied by two sound signals. The new course will then be displayed.

## 10 MARKS

- 10.1 Marks 1 to 8 are numbered spherical buoys. Even numbers are coloured BLUE and odd numbers are coloured YELLOW.
- 10.2 All course marks are rounding marks.
- 10.3 Addendum A shows buoys in their 'typical' positions, but they can be moved at the discretion of the Race Officer

## 11 OBSTRUCTIONS

- 11.1 Competitors shall not sail within 20 metres of any lodge or any bank where angling is taking place. These areas are designated as obstructions as defined in the RRS definitions.
- 11.2 Angling regularly takes place from the north and south banks as indicated by the bold grey lines shown in the Addendum A.
- 11.3 The lodges are residential dwellings standing along the south-eastern and western banks each having a private jetty which projects out into the lake by approximately 5 or 6 metres Their locations are indicated by dotted grey lines on the map.

## 12 THE START

- 12.1 The start sequence for all races (excluding Pursuit races) will be 3,2,1,GO as indicated in the following table:

| Minutes before Starting Signal | Visual Signal            | Sound Signal | Means              |
|--------------------------------|--------------------------|--------------|--------------------|
| 3                              | Class Flag               | One          | Warning Signal     |
| 2                              | P,I,U, or Black          | One          | Preparatory Signal |
| 1                              | Preparatory flag removed | One Long     | One Minute         |
| 0                              | Class Flag Removed       | One          | Starting signal    |

This changes RRS 26.

12.2 The starting line will be either:

- 12.2.1 **Committee Boat Start** - a line between the staff on the signal vessel displaying an orange flag at the starboard end and the course side of the port end starting mark displaying an orange flag.
- 12.2.2 **Race Hut Start** - a line between the red and white striped pole on the shoreline near the race hut and an outer limit buoy displaying an orange flag.
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
- 12.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.5 In multiple class starts, any class subject to a general recall shall start at the end of the original sequence. The starting signal for the last class in the original sequence will be the warning signal for the class subject to the general recall. The 1st Substitute signal, if displayed during multiple class starts, will be removed with one sound signal after two minutes. This changes RRS 29.2 and Race Signals
- 12.6 In Pursuit races the 1st Substitute signal, if displayed, will be removed no later than 10 seconds before the next Pursuit start number is removed. This changes RRS 29.2.
- 12.7 For Pursuit races each class shall start when their designated 3-digit Pursuit number is removed.
- 12.8 If a postponement is required for a Pursuit race start, when AP flag is displayed, '1 minute' is replaced with 'at least 4 minutes before the revised start time of the slowest boat currently entered into the race'.
- 12.9 RRS 30.2 is deleted. This changes RRS 30.2 and Race Signals.

## 13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 The Race Officer may at his discretion move a mark after the start of the race without a signal. This changes RRS 33.

## 14 THE FINISH

- 14.1 For all races excluding Pursuit races the finishing line will be either:
  - 14.1.1 A line between the red and white striped pole on the shoreline near the race hut and an outer limit buoy displaying an orange flag or a mark of the course.
  - 14.1.2 A line between the staff on the signal vessel displaying a blue flag and an outer limit buoy displaying an orange flag or a mark of the course.
  - 14.1.3 For Pursuit races the finish shall be indicated by a sound signal at the end of the designated race duration. The finishing positions shall be determined as the position of the boats in the race when the finishing signal is made. All boats should endeavour to hold their finishing positions until confirmation that they have been recorded as such by the Race Officer.

## 15 TIME LIMITS AND TARGET TIMES

- 15.1 The time limits and target times are defined in the NoR.
- 15.2 At the Race Officer's discretion, boats which are a long distance behind, and would otherwise be timed out, may be finished after completing fewer laps than the leading boat. Their time will be adjusted through using the average lap times. These boats will be individually informed that they have been finished by the Race Committee or safety boat. This changes RRS 28
- 15.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

## 16 HEARING REQUESTS

- 16.1 The protest time limit is 30 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 16.2 Hearing request forms are available from the club house
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4 RRS 62.2(a) and 66.2(a) do not apply.
- 16.5 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. Decisions from RYA Arbitration can be referred to a protest committee but cannot be reopened or appealed. Details are posted on the Official Notice Board.
- 16.6 A boat that may have broken a rule of Part 2 of the RRS or RRS 31 may, after finishing the race concerned and before the start of any related protest hearing, notify the race committee that she accepts an Exoneration Penalty – a 30% scoring penalty in accordance with RRS 44.3(c), except that the minimum penalty is four places provided that does not result in a score worse than DNF. However, if a boat caused injury or serious damage or gained a significant advantage by her breach, her penalty shall be to retire.
- 16.7 When an Exoneration Penalty is accepted:
  - 16.7.1 Neither the boat nor a protest committee may then revoke or remove the penalty.
  - 16.7.2 The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.
- 16.8 Except for protests associated with RRS 2 and/ or RRS 69, independent observers are permitted to sit in on arbitration and advisory/ protest hearings for educational purposes. All parties and the protest committee must agree to their presence beforehand. Such observers are not allowed to speak during the course of the hearing and must not influence the proceedings in any way.

## 17 Outside Help

- 17.1 On-the-water coaching during racing is permitted in the Club Pursuit series and the RNLI Pursuit series. This changes RRS 41.

## 18 Addendum A

Map of Lake 16:

